

# August 2024

# Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			No School	No School
5	6	7	8	9
No School	No School	No School	No School	No School
12	13	14	15	16
No School	No School	No School	No School	No School
19	20	21	22	23
No School	No School	No School	No School	No School
26	27	28	29	30
Chicken & Mushroom Curry Kinpira Burdock Mix Beans Salad Buttered Rice	Isobe Fried White Fish Simmered Egg w. Bitter Gourd & Bacon Harusame Salad White Rice	Chicken & Sausage Bouillon Stew Roasted Potato Green Beans Salad White Rice	Pork Don Stir Fried Cabbage Sesame Spinach White Rice	Garlic Chicken & Summer Vegetables Sautéed Okra Daikon Salad White Rice

At Okinawa Christian School International, Cezars Kitchen does not use Nuts in any of our recipes.  
The Lunch Service has White Rice as an option every operation day even on days it's not on the menu list.

# August 2024

# Lunch Menu



MONDAY					TUESDAY					WEDNESDAY					THURSDAY					FRIDAY				
															1 No School					2 No School				
5 No School					6 No School					7 No School					8 No School					9 No School				
12 No School					13 No School					14 No School					15 No School					16 No School				
19 No School					20 No School					21 No School					22 No School					23 No School				
26 チキンとキノコのカレー きんぴらごぼう ミックスビーンズのサラダ バターライス					27 白身魚の磯部揚げ ゴーヤとベーコンのたまごとし 春雨サラダ ごはん					28 チキンとソーセージのブイヨン煮 ローストポテト インゲンのサラダ ごはん					29 豚丼 キャベツの炒め物 ほうれん草の胡麻和え ごはん					30 チキンと夏野菜のガーリック炒め オクラのソテー 大根サラダ ごはん				

シーザースキッチンでは沖縄クリスチャンスクールインターナショナルでレシピにナッツを使用していません。

ごはんはメニューに記載がない日もオプションで提供させていただきます。